

2010 AFB Patient Collection Procedure



Step 1:

Early in the morning take 3 deep breaths and cough on the third breath into the plastic container to at least line 5.0 and not more than 10. **Sputum from the lungs** (NOT spit or saliva) is needed to perform the test for tuberculosis.



Step 2:

Place the cap on the container and tighten it so it will not leak.



Step 3:

Wash the outside of the container with soap and water and dry it.



Step 4:

Write your name and date of collection on the container if it is not pre-labeled.



Step 5:

Place the blue top tube and absorbent sheet into the clear plastic bag.



Step 6:

To close the clear plastic bag, lay bag on flat surface with the tape liner UP toward you. Peel off the tape liner exposing adhesive. Starting at the center, fold at the slit and match lines to corresponding lines. Gently tap together, working outward to the edges. **PRESS HARD from CENTER** working outward



Step 7:

Place the clear plastic bag and the request form from your provider in the cardboard box.



Step 8:

Secure box with the red pull-apart tape provided. Place tape on the right end on the box being sure **NOT** to cover any writing. If you have trouble getting the backing off the tape fold one corner over and slide red tape back to start it.



Step 9:

Drop in any mail box on collection day. Postage is Pre Paid.

****Refrigerate box if mailing will be delayed (Weekend or Holiday)**

****Return Address must be filled in by the provider's office staff that gave you the kit.**